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9. A: Testing human endurance limits is illustrated in this description of a punishing marathon. It never mentions runners running at their own paces (B). The race's challenges, and many not finishing (C) are details informing the main point. The seventh/last day is not the hardest (D); the fourth and fifth are identified as worst. (Regardless of accuracy, this is also a detail, not the main idea.) One, not every (E), runner is quoted as competing "to find my limits."

10. C: This choice best summarizes the passage's main points. Choice (D) incorrectly identifies the 13th century instead of the 16th century. The passage never indicates that Machu Picchu was the capital of the Incan empire (E). Answers (A) and (B) are details in support of the main idea.