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General Certificate of Education June 2010

APPLIED SCIENCE

SC14

Unit 14 The Healthy Body



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	1	· · · · · · · · · · · · · · · · · · ·	
	Rectum;	(1) (AO1)	
(a)(i)	Line points to rectum (allow (lower) colon)	(1) (AO1)	2
	ignore large intestine		
	Water is reabsorbed/water content is reduced;	(1) (AO1)	
(a)(ii)	Material becomes more solid/less liquid/faeces formed;	(1) (AO1)	2
(a)(ii)	Salts are reabsorbed;	(1) (AO1)	2
		Max 2	
	(circular) muscles contract;	(1) (AO1)	
	Behind the food/bolus;	(1) (AO1)	
(b)(i)	Antagonistic action described in correct context;	(1) (AO1)	2
	(Longitudinal) muscles restore shape;	(1) (AO1)	2
	Peristalsis/ wave of contraction along gut	(1) (AO1)	
		Max 2	
	Gut contents softer;	(1) (AO2)	
(b)(ii)	Therefore less power/EW needed by muscles for		2
	peristalsis/EW	(1) (AO2)	
	(Increase intake of) fruit and/or vegetables;	(1) (AO2)	
(C)	Drink more fluids;	(1) (AO2)	2
	Answers suggesting "eat more fibre" do not gain credit here		
	Protein levels are often low;	(1) (AO2)	
	Iron intake often low;	(1) (AO2)	
(d)	Other correct named nutrient e.g. B12 or zinc or essential		2
	amino acids	(1) (AO2)	
	Energy intake low	(1) (AO2)	

Total Mark: 12

Question 2

(a)(i)	(Small) sample of blood is taken; Vitamin D measured by chromatography/radioimmunoassay	(1) (AO1) (1) (AO1)	2
(a)(ii)	$5\mu g/200iu$ (Allow values in range 4-6 μg and 180-220iu) per dm ₃ of blood	(1) (AO1)	1
(b)(i)	Vitamin D is produced by the skin; On exposure to sunlight;	(1) (AO2) (1) (AO2)	2
(b)(ii)	Rickets; (Leg) bones are bent;	(1) (AO1) (1) (AO1) Max 1	1
(b)(iii)	Vitamin D is needed for uptake of calcium; Calcium (carbonate/phosphate) provides strength /rigidity in bone	(1) (AO1) (1) (AO1)	2

	11				
			cheme for this part of the question includes an		
			the Quality of Written Communication (QWC).		
			iscrete marks for the assessment of written		
			but QWC will be one of the criteria used to		
			wer to an appropriate level below.		
	Level	Mark	Descriptor		
		S	an answer will be expected to meet most of the		
			criteria in the level descriptor		
	3	4-5	-answer is full and detailed and is supported		
			by an appropriate range of relevant points		
			such as those given below		
			-argument is well structured with minimal		
			repetition or irrelevant points		
			-accurate and clear expression of ideas with		
			only minor errors in the use of technical		
			terms, spelling, punctuation and grammar		
	2	2-3	-answer has some omissions but is generally		
			supported by some of the relevant points		
			below		
			-the argument shows some attempt at		
			structure the ideas are expressed with		
			reasonable clarity but with a few errors in the -		
			use of technical terms spelling, punctuation		
			and grammar		
	1	0-1	-answer is largely incomplete, it may contain		
			some valid points which are not clearly		
			linked to an argument structure		
(a)			-unstructured answer	(5) (AO3)	5
(4)			-errors in the use of technical terms, spelling,		Ũ
			punctuation and grammar or lack of fluency		
			Biological information to be credited would		
			include:		
			sardines increase intake of omega (3 & 6) fatty		
			acids		
			green salad increases fibre intake		
			green salad increases vitamin and mineral /		
			micronutrient intake wholemeal bread increases fibre intake		
			wholemeal bread increases vitamin		
			intake/named vitamin		
			removing sausages reduces (saturated) fat		
			intake		
			removing chips reduces fat intake		
			proportion of energy gained as fat is reduced		
			overall		
			removing baked beans reduces salt/sugar		
			intake		
			Interio		
			A suitable answer could be as follows:		
			The meal suggested by the student replaces		
			the protein component of the meal that was		
			sausages, with sardines. This will increase the		
			intake of omega 3 and 6 fatty acids while		
			reducing the intake of saturated fat.		
L	1				1

(a) cont	The substitution of chips with wholemeal bread also reduces the fat intake, but at the same time increases the amount of fibre and increases vitamin B from the whole grain. Salad instead of baked beans also increases the intake of a variety of vitamins including vitamin A and C and will increase fibre in the diet while reducing the intake of salt and sugar which tend to be high in commercially produced baked beans.	(5) (AO3)	
(b)	Reduced risk of obesity / type 2 diabetes / cv disease / maintains mobility; Maintains vital capacity of pulmonary system (synoptic mark)	(1) (AO2) (1) (AO2)	2
(c)	Higher energy intake makes obesity more likely; Dental decay more likely; Reduced appetite for food with higher nutritional value; (Type 2) diabetes more likely	(1) (AO2) (1) (AO2) (1) (AO2) (1) (AO2) (1) (AO2) Max 3	3

Total Mark: 10

Question 4

(a)(i)	(external) intercostal muscles	(1) (AO1)	1
(a)(ii)	Contraction (of muscle); causes ribcage to move up and outwards; Increasing volume of thorax; Reducing internal pressure (to below that of atmosphere); (So air flows) down pressure gradient	(1) (AO1) (1) (AO1) (1) (AO1) (1) (AO1) (1) (AO1) (1) (AO1) Max 3	3
(b)(i)	Deep breaths require diaphragm to move downwards; Legs/thighs push gut/liver upwards/compress abdomen; Making downward movement of diaphragm difficult;	(1) (AO2) (1) (AO2) (1) (AO2) Max 2	2
(b)(ii)	Stronger muscles lead to increased ventilation/deeper breaths/more air entering lungs; Increases oxygen uptake; Reduces proportion of anaerobic respiration/more aerobic which produces lactate/lactic acid	(1) (AO2) (1) (AO2) (1) (AO2) (1) (AO2) (1) (AO2) Max 3	3

(a)(i)	aorta		(1) (AO1)	1
(a)(ii)	Line points	to vessel before join with bypass graft	(1) (AO2)	1
(a)(i) (a)(ii) (a)(iii)	Line points The marking assessment There are in communication assign the communication and communication and glucose the communication and glucose the communication assessment of the communication and glucose the communication assessment of the communication and glucose the communication assessment of the communication and glucose the communication a	g scheme for this part of the question includes an t of the Quality of Written Communication (QWC). no discrete marks for the assessment of written tion but QWC will be one of the criteria used to answer to an appropriate level below. rks Descriptor an answer will be expected to meet most of the criteria in the level descriptor -5 -answer is full and detailed and is supported by an appropriate range of relevant points such as those given below -argument is well structured with minimal repetition or irrelevant points -accurate and clear expression of ideas with only minor errors in the use of technical terms, spelling, punctuation and grammar -3 -answer has some omissions but is generally supported by some of the relevant points below -the argument shows some attempt at structure the ideas are expressed with reasonable clarity but with a few errors in the - use of technical terms spelling, punctuation and grammar -1 -answer is largely incomplete, it may contain some valid points which are not clearly linked to an argument structure	. , . ,	-
(b)(i)	contract sur therefore be and be free was causin Meter has a	ficiently for normal activities. The patient should a able to increase his level of physical activity of the pain that the fatigue in the heart muscle g. a digital display so removes human error;	(1) (AO1)	1
	upstick is a	nalogue and therefore subjective	(1) (AO1)	1

(b)(ii)	This is higher than normal;	(1) (AO2)	1
(b)(ii)	Normal reading would be in range 4.0-6.5mmol/l	(1) (AO1)	1

Total Mark: 11

Question 6

		,	
	Within similar age range/sex;	(1) (AO3)	
(a)(i)	Non-hypertensive/EW/medical condition;	(1) (AO3)	
	Similar health profile re: smoking/diet/alcohol		3
(4)(1)	intake/drugs/medicines/regular caffeine intake	(1) (AO3)	Ū
	Size measurement (mass, height, BMI etc) similar	(1) (AO3)	
		Max 3	
	Body weight/blood volume will differ between individuals;	(1) (AO3)	
(a)(ii)	Adjusting fluid to match body weight will make results more		2
	comparable	(1) (AO3)	
	Control experiment;	(1) (AO3)	
(b)	Shows effect can only be due to the caffeine and no other		2
	aspect of the investigation	(1) (AO3)	
	$6.67 \text{ cm}^3 \text{min}^{-1}$;	(1) (AO2)	
(c)(i)	Allow 1 mark for one or both correct rates: 10.83 with		2
	caffeine, 4.17 with placebo		
(c)(ii)	Caffeine increases rate of output up to 90 mins;	(1) (AO3)	2
(c)(ii)	Total volume over two hours is not affected	(1) (AO3)	2
(0)(iii)	Because time for caffeine to be absorbed via gut would vary		1
(c)(iii)	/injecting – time doesn't vary	(1) (AO3)	I
	Volunteers must receive full information about likely effects /		
	informed consent;	(1) (AO2)	
	Independent evaluation to prevent abuse of subjects;	(1) (AO2)	
	Subjects must not be coerced into participation/forced to		
(d)	contnue;	(1) (AO2)	2
	Religious/ethical views of researchers/subjects must be		
	respected;	(1) (AO2)	
	Reject it might be against some peoples' religion without		
	further qualification	Max 2	

(a)	Evaporation/change of state from liquid to gas requires energy/heat Evaporation causes cooling; Heat / energy is taken from skin; (Colder skin) cools blood flowing through it; (Cooler) blood returning to core lowers temperature (synoptic marks)	(1) (AO1) (1) (AO1) (1) (AO1) (1) (AO1) (1) (AO1) (1) (AO1) (1) (AO1) Max 2	2
(b)(i)	Pulse oximeter;	(1) (AO1)	1
	Because it is non-invasive	(1) (AO1)	1
(b)(ii)	Sa O ₂ % / SAO ₂ %	(1) (AO1)	1
(b)(iii)	8 / eight	(1) (AO1)	1
(c)	 5.4 babies per month. Allow 5 or 6 (nearest whole baby) Allow 2 marks for answer of 16.2, being difference in deaths over the three months; Allow I mark for use of correct formula: % change = (difference/original) x 100 	(3) (AO2)	3

Total Mark: 9

Question 8

(a)(i)	Bile emulsifies fats/reduces size of droplets/ breaks down droplets (reject breaks down fat); Larger surface area/greater substrate availability; For lipase;	(1) (AO1) (1) (AO1) (1) (AO1) Max 2	2
(a)(ii)	Enzymes are sensitive to pH changes/operate at optimum pH Tertiary structure (of protein) changes; Substrate no longer fits into active site/no ES complexes; No/slower reaction;	(1) (AO1) (1) (AO1) (1) (AO1) (1) (AO1) Max 3	3
(b)	To be avoided: (any two of bacon, full-fat cheese or double cream; Replacement: check individual answers, e.g. chicken to replace bacon, cottage cheese to replace full fat, fromage frais or yogurt to replace double cream (other suitable alterntaives accepted)	(1) (AO2)	1